

Crystal Clear Energy Balancing Therapy Concept

Workshop



www.devanidhi.com

Crystal Clear Energy Balancing Therapy has been created for all those who wish to understand, on an expanded level, how to access our full potential to create physical health and emotional & spiritual balance.

By bringing together the 4 components of Crystal Clear we learn to create a harmonious energy field ~ thus creating more Joy, Balance & Health in our lives. Achieving Serenity!

~ Understand the way Energy moves & how to correct imbalances in the Meridian, Overall and Aura Flows

~ Perceive how the food we choose nourishes our body & gives us strong & positive energy or depletes us.

~ Feel how different emotional states affect our body & learn how to release disharmony

~ How the Joy of Movement assists us in listening to and learning to be “in “ the body , helping us to connect to our inner wisdom so that we can create a balance in our physical & emotional health

~ Learn a simple daily energy-frequency exercise routine to realign your energy field and create Harmony and Balance. Access the use of certain theories of Quantum Physics to create Health & Abundance on all levels.

**ENERGY READING, STUDY & EXERCISES ~ EMOTIONAL & PHYSICAL
BALANCING ~ MOVEMENT of the BODY ~ KINESIOLOGY ~ STRESS RELEASE**